

*Diocese of Alexandria
October 2017
Lunch*



Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets Rice/Gravy Peas & Carrots Garden Salad/ Dressing Roll Peaches	3 Beef & Cheese Taco Seasoned Pinto Beans Garden Salad Salsa Cinnamon Rolls Diced Pears	4 Beef Tips & Gravy Steamed Rice Seasoned Green Beans Roll Peaches	5 Oven Baked Chicken Mashed Potatoes Broccoli Roll Mixed Fruits	6 Pig in a Blanket French Fries Garden Salad w/ Dressing Fresh Bananas
9 Shepherd's Pie Mixed Veggies Rolls Applesauce	10 Turkey Roast Rice and Gravy Sweet Potatoes Roll Peaches	11 Spaghetti W/ Meat Sauce Green Beans Garden Salad w/ Dressing Garlic Bread Peas	12 Beef Stew Steamed Rice Cabbage Cornbread Peaches	13 BBQ Pork on Bun Baked Beans Salad Apple Slices
16 Chicken Fajita Pinto Beans, Garden Salad, Peaches and Salsa	17 BBQ Chicken Baked Beans Garden Salad w/ Dressing Roll Pineapple Tidbits	18 Pepperoni Pizza Steamed Corn Garden Salad w/ Dressing Juice	19 Pork Roast Rice/Gravy Field Peas Oven Fried Okra Cornbread Oranges	20 Hamburger/Bun French Fries Stack Salad Oatmeal Cookie Mixed Fruits
23 Beef & Cheese Nachos Mexican Corn Salsa Garden Salad w/ Dressing Peaches	24 Red Beans W Sausage Steamed rice Mustard Greens Cornbread Peas	25 Chicken & Sausage Gumbo Steamed Rice Sweet Potatoes Roll or Crackers Mixed Fruits	26 Meatloaf Mashed Potatoes w/gravy Garden Salad w/Dressing Roll Apple Wedges	27 Hot Dog w/Chili or Cheese French Fries (Baked) Applesauce Oatmeal Cookie
30 Chicken Nuggets Rice/Gravy Peas & Carrots Garden Salad/ Dressing Roll Peaches	31 Beef & Cheese Taco Seasoned Pinto Beans Garden Salad Salsa Cinnamon Rolls Diced Pears			

**All menus subject to change based upon availability of goods.*

*** Choice of milk with all menus.*

10:15:11 AM
Revised: 9/22/2017