

Diocese of Alexandria
October 2017
Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast Muffin String Cheese or Ham Fruit Choice of Milk	3 Grits & Sausage Choice of Fruit Assorted Juice	4 Biscuit Scrambled Egg Choice of Fruit	5 French Toast Sticks String Cheese or Ham Choice of Fruit Assorted Juice	6 Cereal Low-fat Yogurt or toast Choice of Fruit Assorted Juice
9 Pancakes Ham or Sausage Choice of Fruit Assorted Juice	10 Breakfast Pizza Choice of Fruit	11 Waffles Ham or Sausage Choice of Fruit Assorted Juice	12 Grits & Sausage Choice of Fruit	13 Cereal Low Fat Yogurt or Toast Choice of Fruit Assorted Juice
16 Breakfast Muffin String Cheese or Ham Fruit Choice of Milk	17 Grits & Sausage Choice of Fruit Assorted Juice	18 Biscuit Scrambled Egg Choice of Fruit Assorted Juice	19 French Toast Sticks String Cheese or Ham Choice of Fruit Assorted Juice	20 Cereal Low-fat Yogurt or Toast Choice of Fruit Assorted Juice
23 Pancakes Ham or Sausage Choice of Fruit Assorted Juice	24 Breakfast Pizza Choice of Fruit	25 Waffles Ham or Sausage Choice of Fruit Assorted Juice	26 Grits & Sausage Choice of Fruit	27 Cereal Low-fat Yogurt or toast Choice of Fruit Assorted Juice
30 Breakfast Muffin String Cheese or Ham Fruit Choice of Milk	31 Grits & Sausage Choice of Fruit Assorted Juice			

*All menus subject to change based upon availability.

** Choice of milk with all menus.

10:12:54 AM
 Revised: 9/22/2017

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