




Diocese of Alexandria  
November 2017  
Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Biscuit Scrambled Egg Choice of Fruit	<b>2</b> French Toast Sticks String Cheese or Ham Choice of Fruit Assorted Juice	<b>3</b> Cereal Low-fat Yogurt or toast Choice of Fruit
<b>6</b> Pancakes Ham or Sausage Choice of Fruit Assorted Juice	<b>7</b> Breakfast Pizza Choice of Fruit	<b>8</b> Waffles Ham or Sausage Choice of Fruit Assorted Juice	<b>9</b> Grits & Sausage Choice of Fruit	<b>10</b> Cereal Low-fat Yogurt or toast Choice of Fruit
<b>13</b> Breakfast Muffin String Cheese or Ham Fruit Choice of Milk	<b>14</b> Grits & Sausage Choice of Fruit Assorted Juice	<b>15</b> Biscuit Scrambled Egg Choice of Fruit Assorted Juice	<b>16</b> French Toast Sticks String Cheese or Ham Choice of Fruit Assorted Juice	<b>17</b> Cereal Low-fat Yogurt or Toast Choice of Fruit
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>  <i>Happy Thanksgiving</i>	<b>24</b>
<b>27</b> Breakfast Muffin String Cheese or Ham Fruit Choice of Milk	<b>28</b> Grits & Sausage Choice of Fruit Assorted Juice	<b>29</b> Biscuit Scrambled Egg Choice of Fruit Assorted Juice	<b>30</b> French Toast Sticks String Cheese or Ham Choice of Fruit Assorted Juice	

\*All menus subject to change based upon availability.

\*\* Choice of milk with all menus.

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Revised: 10/24/2017